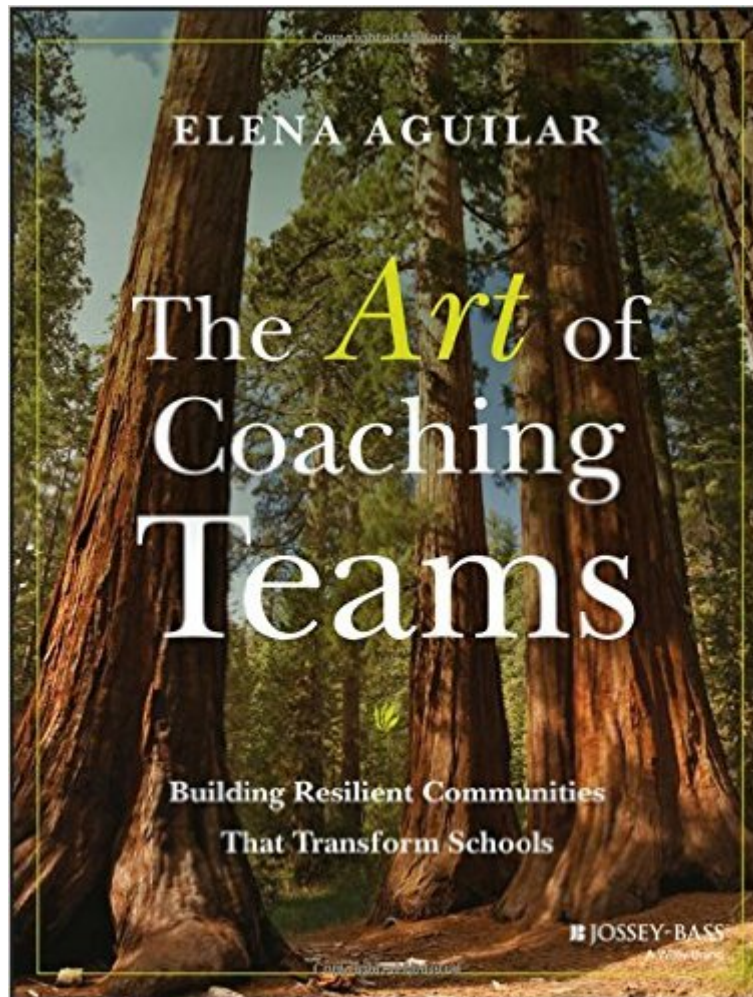


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# The Art Of Coaching Teams: Building Resilient Communities That Transform Schools



## Synopsis

The missing how-to manual for being an effective team leader *The Art of Coaching Teams* is the manual you never received when you signed on to lead a team. Being a great teacher is one thing, but leading a team, or team development, is an entirely different dynamic. Your successes are public, but so are your failuresâand there's no specific rubric or curriculum to give you direction. Team development is an art form, and this book is your how-to guide to doing it effectively. You'll learn the administrative tasks that keep your team on track, and you'll gain access to a wealth of downloadable tools that simplify the "getting organized" process. Just as importantly, you'll explore what it means to be the kind of leader that can bring people together to accomplish difficult tasks. You'll find practical suggestions, tools, and clear instructions for the logistics of team development as well as for building trust, developing healthy communication, and managing conflict. Inside these pages you'll find concrete guidance on: Designing agendas, making decisions, establishing effective protocols, and more Boosting your resilience, understanding and managing your emotions, and meeting your goals Cultivating your team's emotional intelligence and dealing with cynicism Utilizing practical tools to create a customized framework for developing highly effective teams There is no universal formula for building a great team, because every team is different. Different skills, abilities, personalities, and goals make a one-size-fits-all approach ineffective at best. Instead, *The Art of Coaching Teams* provides a practical framework to help you develop your group as a whole, and keep the team moving toward their common goals.

## Book Information

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## Customer Reviews

It's easy to say that something is 'life-changing' or 'transforming'--we may use these terms too much these days. That being said, I would use both terms for *The Art of Coaching Teams*. This book has actually made me look at my supervisory role differently; my interactions with team members is more as a facilitator. I've always been one to be sensitive and empathetic to others, and Elena has made it clear that this can be an asset in your role as a coach/facilitator of a team. Her honesty about her past mis-steps as a team leader and how her research and self-reflections transformed her role helped me to be reflective around areas of improvement within myself. In no way does she say 'follow these magic steps, and all will be well!'. She gives examples of tools that can be helpful, and several different ways to approach different areas. I would highly recommend this book if you are working with a team and you are feeling stagnant or uncertain. It will help you not to become like Elena, but the best person you can be in your position.

*The Art of Coaching Teams* is a super helpful book for those individuals who work with adults in a leadership capacity. The book includes short blurbs about two teams the author led. One of the teams was a bit negative and not very effective, and the other team was more positive and very effective. I found it easy to relate to the experiences in both. The book is very comprehensive, and I will be spending some more time with it this summer and coming up with a strategic plan of how to implement the many suggestions and protocols explained in the book. I would highly encourage others to read the book from cover to cover, but then I think it will be beneficial to come back to specific sections as questions and issues arise. The book is very practical and easy to read. It really makes one think about their own practices and facilitation skills.

A wonderful book for all team leaders. The author supports the leaders in reflecting about their own leadership, clarifying their teams' purpose and goals, building and sustaining teams, and moving the teams forward as learning communities. The author's clear and caring voice makes it feel as if she was speaking right to you. The author provides many tools and practical tips to build the leader's capacity, resilience and joy in the leadership role.

I have loved and used Elena Aguilar's *The Art of Coaching* for years, as a resource with site-based coaches and district leaders. *The Art of Coaching Teams* takes Aguilar's genius to the next level. This book is a MUST-READ for coaches, administrators, and teacher leaders- really all educators! If we all took more time to develop a shared vision, tune in to our own emotional intelligence, we

would develop trusting teams that can effectively make a difference for ALL students. Thank you Elena for sharing your hard work, your struggles, and your successes with us so we can learn from you. This book is an amazing resource!

What a transformative look at leading effective, highly functional teams. As an Manager of Instructional Coaches, I have spent the past five years providing job-embedded professional development to school based coaches throughout our district and have based much of my work on "The Art of Coaching". "The Art of Coaching Teams", however, has provides a new, compelling look at how to ensure effective leadership and to create a team where members are invested int he shared vision and purpose of the team.

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